## Children Dish Competition at B-4/229



Children dish competition was organised at the basement of B-4/229 on 18 July 2014. Smt. Santosh Yadav, Renowned Indian mountaineer was Chief Guest. She is the first woman in the world to climb Mt. Everest twice in less than a year and the first woman to successfully climb Mt. Everest from Kangshung Face.

Children prepared lots of mouth watering dishes as *puri sabzi*, *rajma rice*, *gulab jaamun*, *Vegetable rolls*, *idli sambhar*, *momo* etc. Children were allowed to take some help as they were not professionals and very young. Dishes were presented very well and judges and all the guests also admired the effort of children. Judging was done the basis of- Type of Dish, Taste of Dish and Presentation.

Some volunteers, under the aegis of Dhyaan Foundation, are teaching to about 25 children from different sections of the society. In addition to the regular text book studies, They also try to teach them General Knowledge, and arrange cultural events wherein, they give stage performances and also compeer the programmes and other events like environment day wherein, our history is taught to them through acts, drawing and rangoli competitions etc.. They also endeavour to make them practice general and social etiquette, manners.

This time, a Dish Competition was arranged for them, with the sole objective of testing the cooking skills and knowledge of children. We hope that this event will also encourage them to take more interest in cooking, one of the basic necessities.